

the  
576

# Bude ▶ Launceston ▶ Callington ▶ Plymouth

for complete service between Bude and Stratton, see times for the 519  
connect at Callington for Liskeard, Looe and Polperro

service usually run with



## Monday to Saturday buses

## Sunday buses

	SD	SSH	CH	CD	M-F	S		SD		SSH	SD											
<b>Bude Strand</b>			<b>0720</b>	<b>0720</b>	<b>0850</b>		<b>0950</b>	<b>1050</b>	<b>1250</b>		<b>1450</b>	<b>1520</b>	<b>1520</b>	<b>1705</b>	<b>1905</b>							
Berries Avenue			0722	0722	0852		0952	1052	1252		1452	1522	1522	1707	1907							
Hillhead			0724	0724	0854		0954	1054	1254		1454	1524	1539	1709	1909							
Stratton Tree Car Park			0725	0725	0855		0955	1055	1255		1455	1525	1540	1710	1910							
Red Post			0730	0730	0900		1000	1100	1300			1530	1545	1715	1915							
Bevill's Hill			0734	0734	0904		1004	1104	1304			1534	1549	1719	1919							
Whitstone			0738	0738	0908		1008	1108	1308			1538	1553	1723	1923							
Yeolmbridge			0748	0748	0918		1018	1118	1318			1548	1603	1733	1933							
St Stephen			0751	0751	0921		1021	1121	1321			1551	1606	1736	1936							
Newport			0752	0752	0922		1022	1122	1322			1552	1607	1737	1937							
<b>Launceston Westgate St arr</b>			<b>0757</b>	<b>0757</b>	<b>0927</b>		<b>1027</b>	<b>1127</b>	<b>1327</b>			<b>1557</b>	<b>1612</b>	<b>1742</b>	<b>1942</b>							
<b>Launceston Westgate St dep</b>	<b>0650</b>	<b>0720</b>	<b>0740</b>	<b>0750</b>	<b>0800</b>	<b>0800</b>	<b>0930</b>	<b>1030</b>	<b>1030</b>	<b>1130</b>	<b>1330</b>	<b>1430</b>		<b>1545</b>		<b>1630</b>	<b>1745</b>	<b>1945</b>	<b>0850</b>	<b>1150</b>	<b>1550</b>	
Pennygillam Cross	0652	0722	0742	0752	0802	0802	0932	1032	1032	1132	1332	1432		1547		1632	1747	1947	0852	1152	1552	
Pages Cross Tesco	0655	0725	0745	0755	0805	0805	0935	1035	1035	1135	1335	1435		1550		1635	1750	1950	0854	1154	1554	
Treburley Springer Spaniel	0703	0733	0753	0803	0813	0813	0943	1043	1043	1143	1343	1443		1558		1643	1758	1958	0902	1202	1602	
Stoke Climsland	0710	0740	0800d	0810	---	---	0950	1050	1050	1150	1350	1450		1605		1650	1805	2005	2205	0908	1208	1608
Kelly Bray	0716	0746	0809	0816	0821	0821	0956	1056	1056	1156	1356	1456		1611		1656	1811	2011	2211	0913	1213	1613
<b>Callington New Road arr</b>	<b>0720</b>	<b>0750</b>	<b>0818</b>	<b>0820</b>	<b>0825</b>	<b>0825</b>	<b>1000</b>	<b>1100</b>	<b>1100</b>	<b>1200</b>	<b>1400</b>	<b>1500</b>		<b>1615</b>		<b>1700</b>	<b>1815</b>	<b>2015</b>	<b>2215</b>	<b>0917</b>	<b>1217</b>	<b>1617</b>
	↓				↓	↓	↓	↓	↓	↓	↓	↓		↓		↓	↓	↓	↓	↓	↓	↓
<b>Callington New Road dep</b>	<b>0750</b>				<b>0825</b>	<b>0825</b>	<b>1000</b>	<b>1100</b>	<b>1100</b>	<b>1200</b>	<b>1400</b>		<b>1615</b>		<b>1700</b>	<b>1815</b>	<b>2015</b>	<b>2215</b>	<b>0920</b>	<b>1220</b>	<b>1620</b>	
Ashton	---				---	---	---	---	---	---	---		---		---	---	2018	2218	0924	1224	1624	
St Dominick School	---				---	---	---	---	---	---	---		---		---	---	2022	2222	0929	1229	1629	
St Mellion Coryton Arms	0756				0831	0831	1006	1106	1106	1206	1406		1621		1706	1821	2028	2228	0936	1236	1636	
Hatt Post Office	0802				0837	0837	1012	1112	1112	1212	1412		1627		1712	1827	2033	2233	0941	1241	1641	
<b>Saltash Gilston Road</b>	<b>0807</b>				<b>0842</b>	<b>0842</b>	<b>1017</b>	<b>1117</b>	<b>1117</b>	<b>1217</b>	<b>1417</b>		<b>1632</b>		<b>1717</b>	<b>1832</b>	<b>2038</b>	<b>2238</b>	<b>0946</b>	<b>1246</b>	<b>1646</b>	
Saltash Fore Street	---				---	0850a	---	---	---	---	---		---		---	---	2042	2242	0951	1251	1651	
Saltash North Road (for Fore St)	0811				0846	---	1021	1121	1121	1221	1421		1636		1721	1836	---	---	---	---	---	
St Budeaux Square Shops	0815				0850	0855	1025	1125	1125	1225	1425		1640		1725	1840	2047	2247	0956	1256	1656	
Milehouse Central Park	0821				0856	0901	1031	1131	1131	1231	1431		1646		1731	1846	2053	2253	1003	1303	1703	
Plymouth Station Saltash Rd ➡	0825				0900	0905	1035	1135	1135	1235	1435		1650		1735	1850	2055	2255	1005	1305	1705	
Plymouth Royal Parade	0829				0904	0909	1039	1139	1139	1239	1439		1653		1739	1853	2059	2259	1009	1309	1709	
<b>Plymouth Bretonside Bus Stn</b>	<b>0832</b>				<b>0907</b>	<b>0912</b>	<b>1042</b>	<b>1142</b>	<b>1142</b>	<b>1242</b>	<b>1442</b>		<b>1657</b>		<b>1742</b>	<b>1857</b>	<b>2101</b>	<b>2301</b>	<b>1011</b>	<b>1311</b>	<b>1711</b>	

notes **a** via Saltash College at 0845 **CD** this bus runs on College days only **CH** this bus runs on Mondays to Fridays during college holidays only **d** via Downgate at 0804  
**S** this bus runs on Saturdays only **SD** this bus runs on Schooldays only **SSH** this bus runs every Saturday, and on Mondays to Fridays during school holidays only  
 ↓ connecting journey normally run by the same bus, so is normally guaranteed **However, all connections are shown for guidance only and cannot always be guaranteed**

the  
576

# Plymouth ► Callington ► Launceston ► Bude

for complete service between Stratton and Bude, see times for the 519

connect at Callington for Liskeard, Looe and Polperro

service usually run with



## Monday to Saturday buses

## Sunday buses

	M-F	S	SD	CHS	CD																
<b>Plymouth Bretonside Stand 3</b>	<b>0850</b>	<b>0920</b>	<b>1050</b>	<b>1250</b>	<b>1350</b>		<b>1450</b>	<b>1605</b>	<b>1605</b>	<b>1705</b>	<b>1750</b>	<b>1905</b>	<b>2105</b>	<b>2305</b>			<b>1015</b>	<b>1415</b>	<b>1715</b>		
Plymouth Royal Parade Stand A3	0852	0922	1052	1252	1352		1452	1607	1607	1707	1752	1907	2107	2307			1017	1417	1717		
opp Plymouth Station ➡	0855	0925	1055	1255	1355		1455	1610	1610	1710	1755	1910	2110	2310			1021	1421	1721		
Milehouse Alma Road	0859	0929	1059	1259	1359		1459	1614	1614	1714	1759	1914	2114	2314			1023	1423	1723		
St Budeaux Square Community Ctr	0903	0933	1103	1303	1403		1503	1618	1618	1718	1803	1918	2118	2318			1030	1430	1730		
Saltash North Road	0908	0938	1108	1308	1408		1508	1623	---	1723	1808	---	---	---			---	---	---		
Saltash Fore Street	---	---	---	---	---		---	---	1623b	---	---	1923	2123	2323			1035	1435	1735		
<b>Saltash Gilston Road</b>	<b>0912</b>	<b>0942</b>	<b>1112</b>	<b>1312</b>	<b>1412</b>		<b>1512</b>	<b>1627</b>	<b>1632</b>	<b>1727</b>	<b>1812</b>	<b>1928</b>	<b>2128</b>	<b>2328</b>			<b>1040</b>	<b>1440</b>	<b>1740</b>		
Hatt Post Office	0918	0948	1118	1318	1418		1518	1633	1638	1733	1818	1932	2132	2332			1045	1445	1745		
St Mellion Coryton Arms	0923	0953	1123	1323	1423		1523	1638	1643	1738	1823	1937	2137	2337			1050	1450	1750		
St Dominick School	---	---	---	---	---		---	---	---	---	---	1944	2144	2344			1057	1457	1757		
Ashton	---	---	---	---	---		---	---	---	---	---	1948	2148	2348			1101	1501	1801		
<b>Callington New Road arr</b>	<b>0930</b>	<b>1000</b>	<b>1130</b>	<b>1330</b>	<b>1430</b>		<b>1530</b>	<b>1645</b>	<b>1650</b>	<b>1745</b>	<b>1830</b>	<b>1952</b>	<b>2152</b>	<b>2352</b>			<b>1107</b>	<b>1507</b>	<b>1807</b>		
	↓	↓	↓	↓	↓		↓	↓	↓	↓	↓	↓	↓	↓			↓	↓	↓		
<b>Callington New Road dep</b>	<b>0732</b>	<b>0822</b>	<b>0932</b>	<b>1002</b>	<b>1132</b>	<b>1332</b>	<b>1432</b>	<b>1502</b>	<b>1532</b>	<b>1652</b>	<b>1652</b>	<b>1747</b>	<b>1832</b>	<b>1952</b>	<b>2152</b>	<b>2352</b>		<b>1110</b>	<b>1510</b>	<b>1810</b>	
Kelly Bray	0736	0826	0936	1006	1136	1336	1436	1513e	1536	1656	1656	1751	1836	1955	2155	2355		1115	1515	1815	
Stoke Climsland	0741	0831	0941	---	1141	1341	1441	1523	1541	---	---	1756	r	r	2200	r		1120	1520	1820	
Treburley Springer Spaniel	0748	0838	0948	1013	1148	1348	1448	1530	1548	1703	1703	1803	1843	2002	0002			1126	1526	1826	
Pages Cross Tesco	0755	0845	0955	1020	1155	1355	1455	1537	1555	1710	1710	1810	1850	2009	0009			1135	1535	1835	
Pennygillam Cross	0647	0757	0847	0957	1022	1157	1357	1457	1557	1712	1712	1812	r	r	r			0847	1137	1537	r
<b>Launceston Westgate St arr</b>	<b>0650</b>	<b>0800</b>	<b>0850</b>	<b>1000</b>	<b>1025</b>	<b>1200</b>	<b>1400</b>	<b>1500</b>	<b>1542</b>	<b>1600</b>	<b>1715</b>	<b>1715</b>	<b>1815</b>	r	r	r		<b>0850</b>	<b>1140</b>	<b>1540</b>	r
<b>Launceston Westgate St dep</b>	<b>0800</b>	<b>1000</b>	<b>1200</b>	<b>1400</b>					<b>1600</b>	<b>1715</b>	<b>1715</b>	<b>1815</b>									
Newport	0802	1002	1202	1402					1602	1717	1717	1817									
St Stephen	0804	1004	1204	1404					1604	1719	1719	1819									
Yeolmbridge	0807	1007	1207	1407					1607	1722	1722	1822									
Whitstone	0817	1017	1217	1417					1617	1732	1732	1832									
Bevill's Hill	0821	1021	1221	1421					1621	1736	1736	1836									
Red Post	0826	1026	1226	1426					1626	1741	1741	1841									
Stratton Tree Car Park	0831	1031	1231	1431					1631	1746	1746	1846									
Hillhead	0834	1034	1234	1434					1634	1749	1749	1849									
Berries Avenue	0836	1036	1236	1436					1636	1751	1751	1851									
<b>Bude Strand</b>	<b>0840</b>	<b>1040</b>	<b>1240</b>	<b>1440</b>					<b>1640</b>	<b>1755</b>	<b>1755</b>	<b>1855</b>									

notes **b** via Saltash College at 1630    **CD** this bus runs on College days only    **CHS** this bus runs every Saturday and on Mondays to Fridays during college holidays only  
**e** via Downgate at 1521    **r** this bus stops here to drop off only, on request to the driver    **S** this bus runs on Saturdays only    **SD** this bus runs on Schooldays only  
↓ connecting journey normally run by the same bus, so is normally guaranteed **However, all connections are shown for guidance only and cannot always be guaranteed**