

The Whitstone

Issue 30 - October 2010

# Whistler

The community magazine of Whitstone

Free to each household

## *Acorns - Grand Opening*



**+ *Parish Hall Centenary Celebrations Report***

# The Whitstone Whistler

The community magazine for Whitstone

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This month's cover picture is of:

Councillor Phil Tucker cutting the tape at the Grand Opening of the new Acorns Playgroup building.

# Community News

News from around the village

## Acorns Playgroup

### **Acorns Pre-School Grand Opening**

A lovely sunny afternoon was enjoyed by all at the Acorns pre-school grand opening. We were really pleased to see so many people that came along to support the pre-school and have a look around now that the new build has been completed.

Once the official ribbon-cutting had taken place – thanks to Councillor Phil Tucker, the children played and enjoyed the new facilities while their parents were able to talk to pre-school staff and committee members. It was great to be able to celebrate with friends new and old the hard work that has culminated in such a fabulous building and will enable our pre-school to grow. We hope to provide a valuable service to the community and to Whitstone CP School.

As ever, we are very thankful to everyone involved:

Firstly, a big thank you to Cornwall Council for providing the funding to make this new build project a reality. This includes a special mention to Joanne Tennant for highlighting the Capital Grant funding and supporting our application right from the start.

Our next thanks go to Whitstone CP School for also supporting our application and for allowing Acorns to build on school land, and putting up with the disruption that ensued. Mr Woolner and his team, including the School Governor's, have all been great. We really appreciate the ability to offer more sessions and the freedom of having our own space.

Thank you to Arco 2 and Eco-Fab for an excellent design that we are all very proud of, and for sticking to timelines so well.

Thank you to Mr John Medland for reaching an agreement to allow access across his lane for electricity.

More recent thanks are due to Dan and Kyla Cock from Whitstone Village Stores for sponsoring Acorns healthy snack time.

And of course, huge thanks to Cindy and Maria who work exceptionally hard at their jobs for pre-school and have provided such a high quality base from which we hope to grow.

Not forgetting all the committee members who give up their time voluntarily and without whom the pre-school couldn't run. Thank you!



# St Anne's Parish Hall

## Centenary of St. Anne's Hall Whitstone 2010



### Illustrated Talk "One Hundred Years of St. Anne's Hall"

On Thursday 9<sup>th</sup> September there was a talk given by Mervyn Collins on the history of the Hall.

The Hall was dedicated to the memory of Rev. Robert Hawker Kingdon who was Rector of this parish for 44 years and who died at Christmas 1908. The foundation stone for the new Hall was laid by his grandson Robert C. Hawker Kingdon on 9<sup>th</sup> September 1909 and the building was officially opened on 9<sup>th</sup> September 1910 when there was a procession, led by a band, from the Rectory to the Hall followed by a High Tea. The original photograph of this event shows a large group of parishioners standing in front of the Hall in all their finery. An enlargement of this picture now hangs in pride of place in the main Hall. There was a power point presentation of photographs of some of the earlier incumbents of St Anne's, newspaper cuttings of some of the many events held in the Hall over the years and

other documents from times gone by. Photographs and documents were on display all round the Hall, including the original bill for the construction of the building and minutes of meetings held from 1917 onwards.

On display was the original toilet which is a wooden contraption consisting of a seat with a hole in it, a removable metal bucket which fits underneath and a mechanism which deposits sand in the bucket. It is all very cumbersome and noisy. It was once installed in a room at the back which had an entrance from outside. This was in full use until 1969 when it was replaced with flush toilets. The Hall has been improved over the years and had an extension added in 2001. The extension consists of a new kitchen, foyer, meeting room, ladies' toilets, a gents' toilet and a toilet for the disabled. (And not a speck of sand in any of them!)

This was a very interesting history of the Hall and many people stayed on late into the night looking at the photographs and reminiscing. Thank you to Mervyn for a fascinating and entertaining evening which was much enjoyed by all.

## **High Tea and Entertainment**

On Saturday 11<sup>th</sup> September at 3 p.m. parishioners gathered at the Hall for the High Tea to celebrate the Hall's centenary. The event was opened by Rev Harold Tucker who knew the Kingdon family well. He remembers visiting St. Anne's Hall during the 1940s and remarking what a beautiful building it was. After his speech everyone lined up outside at the front of the Hall, with Father Tucker in the doorway, in an attempt to recreate the photograph taken in 1910 and mentioned above.





Next there was the cutting of the Centenary cake, a beautiful creation baked by Mrs V. Braund, which had a picture of the Hall on its top. The cake was cut by Miss Ivy Cann who is the most senior lady parishioner.

Mr Tom Collins, who has been Chairman of the Committee since 1978, then had his 32 years' service recognised by the presentation of a Certificate of Achievement, and by a gift of garden tools. He has stepped down as Chairman but still continues to serve on the Committee.



The High Tea was served at 4.40 p.m. This consisted of a fine array of savoury and sweet dishes which were very much enjoyed. Mr Richard Ready the magician entertained both children and adults during the afternoon by performing magic tricks from table to table. There was a draw following the High Tea.

At the end of the evening Mr Mervyn Collins thanked everyone who attended and everyone who helped in any way. We look forward to the next 100 years of the Hall! *Mervyn Collins*

## Whitstone Methodist Chapel

As I write this article I am looking through the study window, the rain has not put in an appearance in two or three days, the lovely autumn sunshine is streaming down, this morning I conducted a wedding in Whitstone, sharing in the happiness of a lovely young couple Jason and Caroline and life feels good.

However, I am all too aware that the sunshine will dissipate at some near point in the future and the wind and rain will return. Life is like that! Good times and bad times, sunshine and showers.

Yet let us celebrate the good times - they set us up for the times when life is testing.

National Geographic recently ran an article about the Alaskan Bull Moose.

The males of the species battle for dominance during the autumn breeding season, literally going head-to-head with antlers crunching together as they collide.

Often the antlers, their only weapon are broken. That makes sure of defeat. The heftiest moose, with the largest and strongest antlers, triumphs. But you know the battle fought in the autumn is really won during the summer, when the moose eat continually.

The one that consumes the best diet for growing antlers and gaining weight will be the heavyweight in the fight. Those that eat inadequately sport weaker antlers and less bulk.

There is a wonderful lesson in this article; we can come through the bad times, because we have first known the better times. The leaner times are prepared for in the times of plenty.

As a Christian minister I believe that God can strengthen us for those times when life is difficult; that we can know His power, love and grace holding us through the storm.

It is my prayer that you will know His peace in those times that are difficult and testing, when the rain beats down and the wind blows. I believe His comfort and peace are only a prayer away.

*Revd John Henry, Superintendent Minister, Holsworthy Circuit.*

## Baptism - Freya Elisabeth Bailey

On a sunny Sunday morning in August the Methodist Chapel saw a sight which does not occur in the chapel very often. There were no less than seven babies and toddlers in the congregation. They were all at the morning service conducted by Reverend Beth McDowell for the baptism of Freya Elisabeth Bailey daughter of Keith and Catherine Bailey. The service took the form of a story reading instead of a sermon and was followed by sacrament, the organist was Justin Uglow.



Freya wore a Christening robe which was over 100 years old, it was originally hand sewn for her maternal great grand mother and her sisters and has been used in family baptisms for several generations, and has seen the inside of Whitstone Chapel many a time as the family still live on their farm at Luckham.

The Godparents are Robert Orchard (Freya's uncle), and two friends Julie Barton and Sarah Jose. Thirty guests swelled the congregation along with the regular members. All the youngsters were very well behaved (so were the adults). Amongst the guests there were no fewer than 7 people who would have all been sat at the front of the chapel 25 years ago as they were all Whitstone Sunday School Scholars then.

The guests then went to Trethorne for a carvery before returning to the Grange, Boyton.

*Angela Orchard*

## **Wedding - Caroline Short and Jason Stuckey**

The Wedding of Caroline Short and Jason Stuckey took place on Saturday 18th of September in the sunshine! The chapel had been beautifully decorated with flowers which were kindly left for Sunday's birthday celebrations. The Bride arrived with her Dad, Alan Short, in a brand new linkbox on the back of a fully restored Ferguson T20 in its original grey and bronze colours. The owner and restorer of the tractor was Mr Ed Fowler who also drove the newlyweds Mr and Mrs Stuckey through the village much to the delight of the crowd of well wishers as well as invited guests who were there to celebrate such a happy occasion. We wish Caroline and Jason a long, happy and healthy married life together.

## **Birthday - Tony Morris**

We celebrated the 75th birthday of Mr Tony Morris. He decided he would like family and friends to join him at the chapel for a concert. This was held on Sunday 19th September when the Chairman was Mr Clifford Nosworthy and the concert was given by The Stowford Meadow Singers who put together a programme including requests from Tony. Tony gave a vote of thanks and told the moving story of his illness 5 years ago and how close he had been to losing his life, his faith and the skill of the medical team helped him to a slow but successful recovery, his way of showing his gratitude was to give something back. A really enjoyable evening of music and fellowship followed by a supper in the Sunday school. There was a collection for Chapel Funds which amounted to £367. A big thank to Tony for generously donating the evening to the chapel.

## **Smile Club**

Smile Club started again on Wednesday. 14 Young people between the ages of 5 and 13 met for fun, food and fellowship in the Sunday school hall. If you or any of your children are interested in coming along either come along to the next session on Oct 6th or contact Pam Colwill on 341279. The times have changed it is now 6.00pm

until 7.15pm as we felt 8.00pm was too late to finish for the younger children. Forthcoming dates are Oct 6th and Oct 20th.

## Cell Group

Our Cell Group has started to meet again after a break through August. Anyone wishing to join us to study the book of Revelation would be welcome. Our worship also includes song and prayer as well as a lot of laughter! We meet at Linda and Godfrey Cole's home at Highbre Crest on Tuesday evenings. The October dates have not been finalized as yet but if you are interested please contact Pam Colwill 341279.

*Maggie Stanbury*

## Chapel Services

Services at 11.00 am unless stated otherwise.

Sun Oct 3 <sup>rd</sup>	Rev Anne Curnow
Sun Oct 10 <sup>th</sup>	Harvest Festival Mr Brian Hart also at 6.30pm
Mon Oct 11 <sup>th</sup>	Harvest Service at 7.30pm led by Rev Jane Lucas. Harvest Supper to follow. Everyone is welcome to join us.
Sun Oct 17 <sup>th</sup>	Rev John Henry, to include sacrament
Sun Oct 24 <sup>th</sup>	Local arrangement or Worship leaders
Sun Oct 31 <sup>st</sup>	Mr Courtney Drew.

## Tenants & Residents Association

A public meeting was to be held on 28th September at St. Anne's Parish Hall to discuss the proposed Constitution, to elect a committee and to officially form the Association. Unfortunately the meeting date was too late in the month to bring you a report in this issue. I hope to publish a full report next month.

*Editor*

## St. Anne's Church

### Church Services

Sun 3rd	11.15am	Trinity 18	Holy Communion
Mon 4th	7.00pm	Harvest Festival then supper at St Anne's Hall	
Sun 10th	6.30pm	Trinity 19	Evensong
Sun 17th	11.15am	Trinity 20	Holy Communion
Sun 24th	11.15am	Trinity 21	Morning Prayer
Sun 31st	10.30am	ALL SAINTS	UBS at Jacobstow

## Badminton Club

As the evenings draw in so people look for activities in the village. The Badminton Club has started up again, and should anyone feel inclined to give it a whirl on a Monday evening between 8pm and 10pm then please contact Angela Orchard on 01288 341458 or [luckham41@btinternet.com](mailto:luckham41@btinternet.com). Members should be 16 or over and the venue is Whitstone Head School Gym.

*Angela Orchard*

## Whitstone Parish Council

Cornwall Council have asked the parish council to publish the following information regarding electoral registration:

Cornwall Council officials are calling on local people to register now to make sure they can have their say and vote in May 2011 when a referendum is expected to decide whether or not to change the voting system which elects future MPs. Electoral registration forms were posted around the August bank holiday weekend to all 250,000 households in Cornwall to enable the new electoral register to be compiled. This will then be used as the basis for next year's referendum.

***"The new electoral register will be published on 1st December and only people who are on the register will be able to vote".*** (Paul Hamill, Cornwall's Acting Electoral Services Manager)

Any households who do not reply by early October (by phone/online/text message as shown on the form) will be sent a reminder – which will cost the Council additional money. In addition a team of over 100 canvassers will then visit any households who have still not registered between 29 October and 17 November to help people fill in their forms. Anyone who has not received a form is asked to contact the Council's electoral registration team on 0300 123 1115.

The next Parish Council meeting will be held at 8.15pm on **Wednesday 13th October** 2010 at St Anne's Parish Hall, Whitstone. The agenda will be displayed ahead of the meeting on the Parish notice board, opposite the shop. If you would like to contact the Parish Council please use the drop-box in the village stores, this box is checked regularly before the agenda is prepared for Parish Council meetings.

*Lucy Woods, Parish Clerk*

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# Mrs Trewhitless

Notes from the Whitsend Kitchen

## Harvest home!

I've just come in from the garden with a few of the last remaining autumn raspberries to scatter over my breakfast muesli, feeling what a wonderful time of year this is. Despite my haphazard gardening methods (just as disorganized as those in my kitchen, I'm afraid), there are still many fruitful surprises to harvest – a loyal pepper or two, a marrow clinging on for dear life, my Swiss chard and Tuscan black cabbage (I must tell you about that some day) battling bravely against those hungry caterpillars, a solitary fig and an amazing crop of *Katie* apples. The latter are so delicious to eat as they drop from the branch into your hand, so I thought the damaged windfalls might make a good crumble. I used the recipe I gave you last month for the topping and added some blackberries to the fruit, and whilst it all went down quite happily with lashings of custard, the apple pieces retained a kind of dryness, which would stop me from cooking that one again.

Since then however, I have discovered Brian Martyn's *Yellow Bramleys*, which he informed me are the best cooking apples around, and having tried them, I'm inclined to agree. Brian says he usually eats them stewed, but I fancied baking some. They are already so sweet, that I added no sugar. I guess we all do the same thing when **baking apples**, coring and scoring a line around the centre of each fruit, placing them in an ovenproof dish, then stuffing the centres with sultanas and a little brown sugar, dotting the apples with butter, spooning a couple of tablespoons of honey (or golden syrup) over them and baking them in the oven at around 200° for half an hour or so. That works well with these apples unsurprisingly.

For a change, I tried a *Delia* recipe for **Cider baked apples with toasted muesli**, which I am definitely going to repeat. You need:

- 4 (or however many) (Yellow) Bramley apples (Brian's apples are on sale in the village shop)
- ½ pint dry cider (try apple juice, if you prefer)
- A little butter
- 4 tablespoons of muesli

Preheat the oven to 375°. Core and score the apples as above.

Pour the cider or juice into a shallow baking dish. Lightly grease each apple with butter and stand the apples upright in the cider or juice. Bake them for 30 - 40 minutes, basting them with the liquid occasionally.

Halfway through the cooking time, place the muesli in the oven in an uncovered dish, so that it will get a toasted appearance.

When the apples are cooked, put them on top of the muesli and pour over the juices and serve with cream. It's simple and delicious!



I have never managed to grow a pumpkin successfully, and so have always bought one for the Trewhitless Halloween festivities, never wasting the flesh after hollowing it out to make that spooky head. Even though the little Trewhitlesses have long since flown the nest, I still buy my pumpkin to make this incredibly delicious soup recipe given to me by my sister, because Halloween wouldn't be the same without it.

**Pumpkin and Chilli Soup** ingredients (all available locally):

Flesh of one pumpkin (cubed)  
1 large onion (chopped)  
8oz sweet potatoes (cubed)  
4oz cream  
Parmesan cheese (I often use my regular Cheddar)  
1 bunch of spring onions (chopped)  
2oz butter  
3 pints of beef stock  
2 tomatoes (peeled and chopped) A few cloves of garlic (amount to taste), chopped or crushed  
2 chillies (fresh, seeded and chopped)  
1 teaspoon of sugar (which I leave out)  
Salt and black pepper

Melt the butter, add the spring onions (keeping some aside for garnishing) and chopped onion and fry gently for 5 minutes. Stir in the tomatoes, garlic, chillies, potatoes and pumpkin flesh and cook for a further 5 minutes. Add the stock, sugar and seasoning, bring to the boil and then simmer for 30 minutes or so, until the pumpkin is soft and tender. Remove from the heat and allow to cool. Liquidise the mixture and gently reheat, adding the cream and the cheese near the end. Garnish with the remaining spring onions.



Many thanks to my sister for the soup recipe and to Brian for those apples, which I now want to try with a recipe I have just found for apple butter. Please do pass on any of your apple or pumpkin ideas to us all through the Whistler or Village Website, we'd love to try them out.

Happy Halloween and happy Harvest from Mrs Trewhitless!



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17 Sun	Service, Methodist Chapel, 11:00am Service, St. Anne's Church, 11:15am Bude Folk Club, Falcon Hotel, 8:00pm
18 Mon	<b>RECYCLING</b> Badminton, Witstone Head School Gym, 8:00pm-10:00pm
19 Tue	Bude Folk Festival AGM, Falcon Hotel, 8:00pm
20 Wed	Smile Club, Methodist Chapel, 6:00pm-7:15pm Yogacise, C.P. School, 7:00pm
21 Thu	
22 Fri	
23 Sat	
24 Sun	Service, Methodist Chapel, 11:00am Service, St. Anne's Church, 11:15am
25 Mon	Badminton, Witstone Head School Gym, 8:00pm-10:00pm
26 Tue	Coffee Club, Methodist Chapel, 10:00am-12:00
27 Wed	Yogacise, C.P. School, 7:00pm
28 Thu	
29 Fri	
30 Sat	
31 Sun	UBS Service, Jacobstow, 10:30am Service, Methodist Chapel, 11:00am Bude Folk Club Halloween Special, Falcon Hotel, 8:00pm

## November 2010

1 Mon	<b>RECYCLING</b> Badminton, Witstone Head School Gym, 8:00pm-10:00pm
2 Tue	
3 Wed	
4 Thu	

The Whitstone

**Whistler**

The community magazine of Whitstone

Free to each household

# October 2010

1 Fri	
2 Sat	<b>Harmony Singing Workshop, St. Anne's Hall, 10:00am-4:00pm, followed by a Concert, 8:00pm</b>
3 Sun	<b>Service, Methodist Chapel, 11:00am Service, St. Anne's Church, 11:15am Bude Folk Club, Falcon Hotel, 8:00pm</b>
4 Mon	<b>RECYCLING Harvest Festival, St. Anne's Church, 7:00pm, followed by Harvest Supper at St. Anne's Hall Badminton, Witstone Head School Gym, 8:00pm-10:00pm</b>
5 Tue	
6 Wed	<b>Smile Club, Methodist Chapel, 6:00pm-7:15pm Yogacise, C.P. School, 7:00pm</b>
7 Thu	
8 Fri	
9 Sat	
10 Sun	<b>Service, Methodist Chapel, 11:00am and also Harvest Festival, 6:30pm Service, St. Anne's Church, 6:30pm</b>
11 Mon	<b>Harvest Service, Methodist Chapel, 7:30pm, followed by Harvest Supper Badminton, Witstone Head School Gym, 8:00pm-10:00pm</b>
12 Tue	<b>Coffee Club, Methodist Chapel, 10:00am-12:00</b>
13 Wed	<b>Yogacise, C.P. School, 7:00pm Parish Council Meeting, St. Anne's Hall, 8:15pm</b>
14 Thu	
15 Fri	
16 Sat	<b>50/50 Auction, Week St Mary Parish Hall, 10:00am</b>

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# Bird Migration

By Fran Slade

I expect everyone knows that many birds migrate in our Spring, they leave from south of the Sahara where, being in the southern hemisphere, it has been summer and the dry season has commenced. Their food source, insects, has ceased so they fly northwards, many landing on our large island to spend our Spring and Summer with us which, as we have lovely long days, gives them plenty of time to feed their young on the abundance of insects that hatch out in our damp conditions. Some birds travel even further north to the Arctic Circle where they have even longer daylight hours and even more insects on which to feed their young. But come September and October, when the nights draw in and the temperature starts to fall, the insect population dwindles away and food once again becomes scarce, the birds once again get the urge to migrate and fly southwards back to the warmer weather and abundance of food once again.



*Arctic Tern*



*Canada Goose*

The Arctic Tern in fact circumnavigates the earth, spending our Summer in the north and flying right to the Antarctic to spend our Winter, thus having almost 20 hours of daylight all of the year around. Now that September is here we are on the lookout for migrant birds from the north. Over one hundred Canada Geese have arrived on Bude Marshes,



*Dunlin*

although they have not been very far away during the Summer, but they still feel that urge to move twice a year.

Some of the winter waders have arrived, Curlew, Oystercatcher, and Dunlin and a few Golden Plover, whose counts will rise up to about 500 when they arrive at Maer Lake very soon.

Some of our female and juvenile Robins will fly South if we get very severe winter weather conditions so that, if most of the remaining males are killed off by the freezing conditions, next year when the migrant robins return there will be a mix of males and females from the juvenile birds that left us to spend their winters in Spain.

## **50/50 Auction Sale**

In aid of Week St. Mary Church Heating Fund  
(auction conducted by Philip Walters of Kivells)

**Saturday 16<sup>th</sup> October. Commencing at 10.00 am**

Have you or your organisation any unwanted bits and pieces  
such as pictures, small items of furniture,  
china, glass, ornaments etc.?

(no electrical items or jumble please)

If so bring them to Week St. Mary Parish Hall on

**Friday 15<sup>th</sup> October 10.00 am-3.00 pm or 6.00 pm-8.00 pm**

You will receive 50% of whatever your lot makes at auction.

For further information contact

**Mrs. Victoria Sowerby on 01288 341348**



# Councillor Report

*By Phil Tucker*

I hope you had a good summer.

My efforts to get smoke alarms into homes continue. I have heard a phrase a few times so wanted to draw attention to this; People have said to me that they didn't want to be trouble or cause work for other people. Fire & Rescue Service (FRS) and I are being tasked to ensure that, for every fire, there must have been a smoke alarm working in the property. The only trouble anyone could possibly cause is if that isn't so.

The FRS have identified that the people most at risk are as follows and if any of these apply then a smoke alarm should be treated as **urgent**:

1. Homes with a person over 70-80.
2. Homes with one adult occupying. (either living alone or single parent).
3. Homes that are outside a response time of 10 minutes.

Number 3 applies to all houses in my division so we (you & I) should regard our home and all our friends as a **priority**. I know I have asked people to contact me in the past, and that was very successful. I now ask all readers to consider their friends and neighbours home as well as their own home. How many of the criteria above do they meet? When you are next visiting would you look at the ceiling to see if a smoke alarm is fitted. If not get them to contact me.

The smoke alarm is fitted free and it helps protect the fabric of the home, the contents, the occupants and the pets. Please call me and remember, no one in Cornwall has ever died in an accidental fire where a working smoke alarm was fitted.

## Empty Homes

You may have seen in the news that Cornwall has now adopted a policy on empty homes. I have been working on this as a member of the Housing Task Group. This will mean that homes which have been basically abandoned and ruining the look of a neighbourhood will be addressed and brought back into operational use. Some owners have actually emigrated thinking they would keep the house incase they needed to come back to the UK. When do we say enough is enough? After 10 years? Perhaps after 20 years? We have taken the approach that a number of factors will be considered including the effect on neighbours, the street scene and the locality. All homes that have been unoccupied and unkept for more than 6 months will start to affect neighbours and owners will be encouraged to market the property or maintain it.

This policy will take a few years to address all the 3,000 long term empty properties, but each property addressed will encourage others to be maintained and rather than get worse we could soon see a snowball effect of properties being returned to habitable standards.

*If you have any concerns, on any issue or if you simply want my help with something, please give me a call on 01288 341617 or philip.tucker@homecall.co.uk*



## Friday is film night in Bude

Films are shown at the Parkhouse Centre  
Ergue-Gaberic Way, Bude EX23 8LD  
Doors open 6.30 pm — Screening starts 7.30pm  
(unless otherwise stated)

### **Fri 15th October - Toy Story 3 (cert U)**

Admission: £4.00 - Tickets are available from Bude TIC, Ark Angel Bookshop Bude, on the door, or buy on line via the Cornish Riviera Box Office at [www.crbo.co.uk](http://www.crbo.co.uk) (NB. No Booking Fee!)

## Izzy Hamilton, Team GBR Windsurfing

***Following on from her article in the January issue, Izzy gives us an update on her sporting progress.***



*Youth Europeans in Poland*

The main competition season for windsurfing is the summer months. The day after I finished my A Level Exams I jetted off to sunny Sopot, Poland for the Youth Europeans. It was a weeklong regatta, we had light wind for the entire week, going into the last day I was in first position but I managed to lose the lead in the last race. The points were close, I finished 2nd behind a girl from Israel.



*ISAF Youth Worlds Istanbul*

I spent a couple of days at home (just long enough for Mum to do the washing) before I travelled to the ISAF Youth Worlds in Istanbul, Turkey. This is an annual event with many similarities to the Olympics, each country sends one sailor in each class, and I qualified for this place by winning the Youth Trials earlier in the year. It happened to be the first time it had rained in July in Istanbul in the last 8 years while we raced! It was another light wind event; I finished 2nd Girl which I was really happy with!

I had another day at home before I travelled to Weymouth, Dorset for Olympic Development Squad Training for two weeks before the UK World Tour Event, Sail For Gold. I then competed in Sail For Gold Regatta; I had been invited to be a part of the Olympic Performance Team for this event. This meant I was living along some sailing super stars such as Sarah Ayton and Ben Ainslie, who hold multiple Olympic Gold Medals. It was really inspiring. I finished 10th in this regatta which is my best result of the season so far as it was a senior regatta.

I then came home for almost a week where I picked up my A Level results and found out I have got a place at Exeter Uni to study Geography! Which I am hoping to do next year alongside windsurfing.



Last week I went to the Senior World Championships in Kertiminde, Denmark. It was a fun event with some very challenging wind conditions which made interesting racing! It was another good learning experience. I finished 2nd British Female and 3rd Under 21 Female.

I have now got a couple of weeks of rest. I will compete in some National Competitions, start Uni, then at the end of October I will go to the Youth Worlds in Cyprus and race to maintain my Youth World Champion title!

# Who Am I



- I was born in 1947 in Redruth
- I was at boarding school in Dorset and dropped out of school at age 15 to move to London to become a drummer
- I had my first gig with a band called the Cheynes
- I am 6'6" tall.
- The band's name and first album include my surname and was formed in 1967.
- My brother-in-law was 'Beate' George Harrison.
- I have had minor roles in TV and films such as 'The Running Man' and 'Star Trek – The Next Generation'
- I have lived in The United States since the mid 70's.
- There are *Rumours* that you *Don't Stop* and *Go Your Own Way*

# The Green Inn

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# W T h e W h i t s t o n e hippersnappers

## **Poet Laureate**

With little time in which to scuff or dirty new shoes, pupils in Class 3 were off to the open air Starts Theatre at Upton Cross to see the Poet Laureate Carol Ann Duffy. The Poet Laureate read from her collections of poems and was joined by musician friend, John Sampson. At the end of the readings, Ann agreed to have a photograph taken with the pupils and sign some copies of her story books and books of poetry.

## **Summer Reading Challenge**

During the summer holiday, Bude Library had a reading challenge. The children who took part had to read six books over the holiday. This year fourteen children – a record number – completed the challenge and were awarded certificates and medals.

Congratulations to Zoe Bluett, Caspar and Xanthe Clothier, Eloise and Thomas Fowler, Eli and Zac Heale, Mark and Thomas Horn, Mitzi and Findlay Irish, Ellie Tucker and Katie and William Wickham.

## **Forest School**

At the end of the second week back at school, pupils in Key Stage 2 attended the first of six forest school sessions in Swannacott Woods. The activities were led by Claire Coombe of the Forestry Commission and she was assisted by Sara Miles.

We met Claire and Sara at the Wadfast entrance to the woods promptly at 9 o'clock. We walked to the area of the woods that Claire had selected to be our open-air classroom for the morning. First, Claire explained the safety rules to us. Then we collected some equipment – viewers, pooters, magnifying lenses – and went in search of minibeasts. After an hour had elapsed, we had quite an extensive collection of minibeasts ranging from beetles to slugs, from spiders to millipedes. And very tasty they were too! No, we didn't actually eat any of them – not intentionally, anyway. The highlight of highlights was finding a toad that was seeking refuge

under a large tree trunk. After a while, as we all came to look at the toad, it became, with good reason, somewhat self-conscious (and, if we're honest, a little annoyed) and sought to find somewhere else to escape the pointing fingers and the gasps of amazement. We took pity on poor toad and returned him to his sleepy hollow and were a little collectively contrite for having disturbed him from his preparations for his vernal slumbers – but it had been an exciting find.

Next, we made our own minibeasts from clay and sticks and leaves and placed them in what we thought were suitable habitats. There were some truly extraordinary minibeasts created. After lunch – why does food, even sandwiches, taste better when eaten out of doors? – we played a game in which we had to ask questions and work out what animal picture we had on our backs.



After the guess-the-animal game, we were each given a postcard and asked to find a spot to be by ourselves and make a sound map. We recorded on the postcard the sounds we could hear around us - the wind in the trees, the birds' twitterings and the water plashing in the stream, to name but a few.

To end the morning, we had some time to build bridges and dens and explore. As we walked back to school, we reflected on what a great morning we had spent in the woods and were already looking forward to our next forest school class, which will be held in the second half of term.

# *Tree of Life*

*By Ean Lawrence*



There can't be many people who don't like trees, can there? Well, all right, the fall of leaves in the autumn might cause a little nuisance, make the place look untidy, create a few problems for train operators, but most of us think that these are small prices to pay for beauty, splendour and majesty - don't we? - if, that is, we're not the ones who have to sweep up the leaves or remove them from the gutters or have trains to run.

The fondness for trees probably germinates in childhood. For those of us who were lucky enough to be able to play in woodlands, it was a place full of possibilities, and the petty inconveniences of the annual moult were adult concerns and were of no importance to us as children.

The tree is a motif in many theologies, mythologies and philosophies – the mystical concept suggesting the inter-connectedness of life, a metaphor for the ramifications of evolutionary descent and the spreading branches of a family's genealogy. There are practical reasons, too, for considering trees with awe and respect.

Our lives depend on trees: in their concentrations in the equatorial rainforests and the boreal forests, in the woods, copses, spinneys and plantations, they produce oxygen and help to purify the air; they provide shade from the sun and shelter from the wind and rain; they enrich the soil and provide food, homes and shelter for

a wondrous diversity of wildlife. But they are also things of beauty, inspiring wonder and prompting reflection, and by their strength, beauty and stillness soothe our spirits and give an innocent pleasure to the eye.

Trees are symbols of both longevity and renewal. Ancient specimens, being the oldest living things on earth, are venerated and give a sense of a living continuity. Sowing a seed and planting the resultant sapling is the act of an optimist; planting a tree makes us think of tomorrow and is a tangible reminder of a commitment to the future. It isn't surprising that we often commemorate the life of someone we loved, respected and admired with the planting of a tree.

At the end of the summer holiday, I had the opportunity to visit the National Arboretum at Westonbirt in Gloucestershire on the last day of the week-long Festival of the Tree. The Old Arboretum, the creation of Robert Holford, dates from the 1850s and is a carefully designed landscape offering beautiful vistas and stately avenues. It is also the host to rare and exotic species from across the globe. It must have been an exciting time in which to have been creating a tree collection as plant-hunters were returning from the distant corners of the Empire and other parts of the world with new and exotic species. Across the valley from the Old Arboretum is the Silk Wood, which, although it contains plantings of exotic species, is, at its heart, a traditional working woodland dating back to the thirteenth century.

The original objective of the arboretum's creator was not scientific enquiry but, rather, an aesthetic one: Holford conceived a passion to create a picturesque landscape that would stand as a testament to his taste and wealth. We can, perhaps, forgive him his conceit for his foresight and legacy, whatever his motivation had been. In the middle of the last century, the entire 600 acres of the arboretum was passed over to the custodianship of the Forestry Commission, which set about making the neglected arboretum safe for the admittance of the public. That task accomplished, the work of the Commission is increasingly linked with global initiatives, such as the Global Strategy for Plant Conservation and responding to the challenges posed by climate change.

After first taking a walk around the Old Arboretum, making new acquaintances as I progressed along its convoluted pathways, I was ready to join the hustle and bustle surrounding the exhibitions in the festival's tented village. The common factor of all the exhibitors was - you won't be surprised to discover - wood.

There were the crafts whose raw material is wood. There were displays and demonstrations of woodworking tools; it was amazing to see the range of different chisels on offer to the wood turner of various levels of experience, degree of competence and who enjoy a healthy bank balance.

In another tent there were the fruits of the many hours spent bent over the lathe: bowls of various depths and circumferences, dishes with a range of diameters, made from yew, holly and laburnum, the artist artisan exploiting the peculiarities of each type of wood to interesting effect. While these bowls and dishes were more works of art than items of utility, next door there was a demonstration of making utensils of a more unashamed practicality. Furniture makers declared their guiding principles of construction in the items they offered for sale: chairs with elegant lines, others possessing more rustic qualities.

A few stalls along, there were some half-size hurdles (made of split hazel poles, of course) that were arranged to form a rectangular pen into which had been corralled so many walking sticks that it was impossible, unless you devoted the whole of your time at the event, to give them an exact number. Approximately a third of the indeterminate number had heads that were fashioned from a material other than wood, such as deer antler. The majority of the sticks, however, remained pure and uncompromised, getting their peculiar decorative features from the twist of a stem or the shape and angle of a root; there were some walking sticks on which a bulbous malformation had grown and which had been carved into the shapes of various animal heads. It was mind-boggling to see what variations could be achieved from the simple theme of a shaft of wood that was about as thick as a thumb.

At the end of one of the rows of stands, at set times during the day, a demonstration was presented of the techniques and tools that a

medieval woodsman would have used to shape a piece of raw timber. Now, I don't think that the man demonstrating the techniques was himself medieval, or the tools he was using were from the period either, but we were told, with an authority that I have no reason to doubt, that they were based on written descriptions and illustrations from the times. No power tools visible here, just hand tools and the strength, experience and intelligence of the woodsman. Contrast this with the woodsman of today.

In the display ring at the centre of the show field, the modern incarnation of his medieval forerunner (who, I would not wish to imply, is any less experienced or intelligent) showed us just a few of the pieces of mechanised equipment he has at his disposal. Apart from the power saws that we are familiar with there were larger machines being put through their paces: tractors and rigs that could transport tree trunks that were several tons in weight, chippers that chewed up off-cuts that were as thick as an arm as if they were nothing more than matchsticks and stump grinders that could reduce a tree stump to so many chips off the old block within minutes.

Many visitors were absorbed in watching an artist producing images on small panels of wood using the technique of pyrography. This was not crude poker work creating a simple pattern or string of letters on the lid of a box. This was the delicate manipulation of a heated filament of wire to create landscapes and portraits, the subtlety of tone redolent of a sepia drawing. On an altogether larger scale were the sculptures that were hewn from sections of timber that resulted from the management of the woodlands.

The rough shaping of the wood, the sections of which varied in height and girth (the smallest pieces being about two metres in length and 90 centimetres in diameter), are undertaken with a chainsaw. Once the initial processing has been completed, the artists use less brutal tools to shape the finer details of the sculptures and give them the surface finish they want. Some of the pieces depict human figures, some animals, and others are of a more abstract nature. At the end of the festival, these works of art are auctioned to raise money for the charity Tree Aid.

Trees give us a different perspective on life. They have their stages

of life – youth, middle-age and maturity – and mark the passing of the seasons, accumulating a silent history of the world in rings of grain, with a beauty, harmony and splendour that delights and inspires generation after generation.

---



## **Bude Folk Club** **The Falcon Hotel, Bude**



SATURDAY 2nd OCTOBER—A HARMONY SINGING WORKSHOP  
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SUNDAY 3rd OCTOBER—BUDE FOLK CLUB—Falcon Hotel 8pm

SUNDAY 17th OCTOBER— BUDE FOLK CLUB—Falcon Hotel 8pm

TUESDAY 19th OCTOBER—BUDE FOLK FESTIVAL AGM All  
welcome—offers of help and support always welcome

SUNDAY 31st OCTOBER—BUDE FOLK CLUB—FALCON HOTEL  
8pm HALLOWEEN SPECIAL with NO FIXED ABODE Admission £5  
(BFC Members £4)

**And finally.....**



Izzy Hamilton is not the only Whitstone resident who takes part in World Championships you know. Your editor recently entered a World Championship as well! The Stone Skimming World Championship takes place every September on a tiny island just off the west coast of Scotland just south of Oban, Easdale Island. The island is famous for its slate quarrying in the 19th century, indeed a large part of the island has been chiselled away by this activity leaving behind several large flooded quarries, the venue for the World Championships. It was a good day but sadly I didn't get to show what I could do because it took too long for my turn to come around and we left without having a skim. Later, back at the caravan site, I skimmed a stone across the loch which would certainly have smacked against the back wall of the quarry if I'd had the chance earlier in the day, honest! I could have walked off with the trophy. . .ah well, next year perhaps.

### Erratum

My apologies for giving you incorrect Saturday opening times for the Bude One-Stop-Shop in last month's issue. They should have been:-

*Opening hours*  
*Mon, Tue, Wed, Fri 9.30am-6pm*  
*Thursday - 9.30am-5pm*  
*Saturday - 9.30am-12.00*

*Editor*

The answer to the 'Who am I?' on page 29 is:

**Mick Fleetwood - of Fleetwood Mac**

## Useful Telephone Numbers

Cornwall Council	Enquiries	0300 1234 100
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	Morwenna, Bude	01288 352340
	DK Lawrence, Stratton	01288 356579
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	Holsworthy Doctors	01409 253692
	Stratton Medical Centre	01288 352133
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	Plymouth	0845 155 8155
	Stratton	01288 287 700
	Truro	01872 250000
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	Holsworthy	01409 253514
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	Dev & Cornwall, Exeter	08452 777444
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	Gas	0800 111 999
	Water	0800 169 1144
St Anne's Hall	Booking	01288 341309

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St Anne's Home	3:30 - 3:45 pm

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